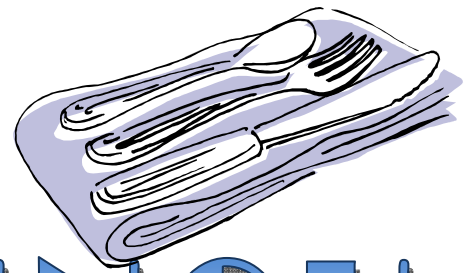


Airway Heights Parks & Recreation



SENIOR LUNCH

~Creating a Sense of Place and Providing Recreational Experiences for Active Adults~
Every Tuesday at 11:30am in the Community Center Banquet Room.

COST IS \$3.00 PER PLATE

JANUARY / FEBRUARY / MARCH

MENU

1/3 /12	Beef Stroganoff
1/10/12	Polish Dogs
1/17/12	Spaghetti & Meatballs
1/24/12	Chicken, Mashed Potatoes & Gravy
1/31/12	Chili Mac
2/7/12	Taco Salad
2/14/12	Cheeseburgers
2/21/12	Stuffed Baked Potato
2/28/12	Chicken Parmesan Sandwich
3/6/12	Fish & Chips
3/13/12	Soup & Sandwich
3/20/12	Chicken Casserole
3/27/12	Meatloaf, Mashed Potatoes, and Gravy

* * * * * **Reminder** * * * * *

The Community Center Banquet Room is open to Seniors for Cards, Pool, Coffee, Conversation and more on most weekdays from 9am to 2pm.

Airway Heights Parks & Recreation
244-4845 ~ 13120 W. 13th Ave Airway Heights, WA.